

Fruity California Walnut Salad

Makes: 100 servings

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Ingredients	Weight	Measure
Granny smith apples, cored, skin on, cubed	16 lb 3 oz	50 medium
Red delicious apples, cored, skin on, cubed	16 lb 3 oz	50 medium
Pineapple chunks, canned in juice, drained	133 oz	16 1/2 cups
California raisins	2 lb 10 oz	8 cups
California walnuts	2 lb 2 oz	8 1/2 cups
Lowfat vanilla yogurt	133 oz	16 1/2 cups

Nutrition Information

Key Nutrients	Amount	% Daily Value
Total Calories	240	
Total Fat	6 g	
Protein	4.5 g	
Carbohydrates	48 g	
Dietary Fiber	6 g	
Saturated Fat	0.5 g	
Sodium	34 mg	

Directions

1. Combine all ingredients in a large mixing bowl and mix until the fruit and walnuts are covered in yogurt.
2. Chill at least 2 hours before serving.